

# A very warm welcome

**Group Supervision for Music Educators**

**An Overview - What to Anticipate from Supervision Groups.**

## *Group Supervision - Why?*

Group teacher supervision offers a plethora of benefits that enhance both professional development and the overall educational environment you provide for your students. One of the primary advantages is the opportunity for collaborative learning and sharing of best practices. Teachers can exchange ideas, strategies, and resources, fostering a culture of continuous improvement, guided by a highly experienced educator, composer, examiner and teacher. This collaborative environment also encourages reflective practice, where teachers can critically assess and refine their teaching methods based on feedback from peers. Additionally, group supervision can provide emotional and professional support, reducing feelings of isolation and burnout that educators sometimes experience. Furthermore, it allows for diverse perspectives, which can lead to innovative solutions for challenges faced during one to one and group lessons. Overall, these supervision sessions are a powerful tool for fostering professional growth and enhancing the power of your provision.

## *What can I expect a session to contain?*

Following an introductory session where you'll meet your fellow group members, the subsequent meetings will be customised based on the discussions that arise. These highly personalised gatherings will ensure that the group content varies according to the specific needs of the participants.

Each session will begin with an overall theme and practical group exercises may be set

## *Examples of subjects covered so far (there are far more!)*

- Tackling parental pressure (when parents want students to zoom faster than a race car, but the student's on a tricycle)
- Navigating group teaching in group sessions like a pro, despite the ticking clock
- Exploring your own personal development (maybe you could even tackle a teaching diploma or further education yourself?)
- Calming exam-time jitters for students who turn into a bag of nerves come performance time.
- Providing robust contracts and navigating the sometimes awkward business side of teaching.
- To exam or not to exam? the pro's and con's and exploring research
- Motivating students to practice regularly—without bribing them with chocolate!
- The teenage brain and navigating mental health issues often presented during lessons. (This encompasses protective measures and emergency responses to critical situations.)
- Practical tips for teaching a certain specific instrument are often shared.

- Overwhelm, burn out and isolation - the challenge we sometime face as a private or peripatetic music teacher.
- Joy! what give us moments of euphoria in a session - sharing positive moments.
- Establishing an 'emotional' safe space within the teaching environment.

This is just a small examples of some of the topics discussed so far. Group members frequently depart with a toolkit of innovative ideas designed to enhance their teaching methodologies. They gain access to engaging and practical exercises that effectively address the questions that may arise.

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*Session duration*

Each group supervision session is conducted for a duration of 60 minutes.

Given the highly personalised and person-centered nature of these groups, the content can vary from one session to another based on previous discussions. However, a typical session *may* include the following elements:

- A brief introduction outlining the session's objectives.
- A recap of the previous week's discussions and findings.
- Introduction and exploration of any topics selected in the prior session.
- Inclusion of breakout rooms and group tasks.
- An opportunity for questions, requests for future topics, and sharing insights from the session.

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*Timeline:*

- Groups meet monthly
- There are 12 sessions per year
- Extra one to one sessions may be booked in addition (with additional cost)
- Feedback is always welcome.

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*Group sizes*

Groups will consist of 4 to 8 members. This is big enough to encourage meaningful discussion while still allowing individual voices and requests to be heard. This size is also ideal for facilitating group activities.

# Extra Incentives

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## *Blogs & Podcasts*

You will receive regular blogs and occasional podcasts with experts in the areas of education, examinations, performance, mental health and academic research.

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## *Ask an expert*

Got a pressing question? Reach out to me! I will do my utmost to connect with an expert in the field and create a blog, podcast, or share the latest research relevant to your inquiry.

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## *Explore CPD*

This was previously noted in the 'sessions may include' section, but our personal development and continuing professional development (CPD) are crucial for our growth, and research backs this up! A CPD discussion board is currently being developed. You might also want to consider exploring this on your own. Additionally, I offer one-on-one sessions (with the option of group lessons) if you're interested in pursuing this further.

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## Regular update that's not pretending to be a newsletter!

This isn't a traditional newsletter; instead, it's a series of regular email communications that won't clutter your inbox. Expect articles, podcasts, and other content that may pique your interest, as well as competition opportunities for students and updates from examination boards. I have numerous contacts in both the music industry and education, and I'm eager to share any new and fascinating information whenever possible.

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## I AM A COMPOSER!! Let me write for you!

I enjoy a challenge and absolutely LOVE composing music, especially tailored for specific techniques and obstacles. While I can't guarantee an abundance of music for every group member, I can offer guidance and occasionally create custom material to assist students who may feel 'stuck.' **Keep an eye out for an upcoming course later this year titled "Teacher as Composer." This course will guide educators through the composition process, enabling them to create custom pieces tailored specifically for their own students.**

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**In summary, your subscription includes group supervision along with these additional elements.**

# Pricing

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## *Pricing and commitment*

I strive to keep these sessions as affordable as possible while ensuring great value for your investment. There's no hard sell here, but I want to emphasize the significant benefits of receiving supervision. You can trust that you are in capable hands with me; I hold a PhD in composition, which has involved extensive collaboration with community participants. Through this experience, I developed a framework focused on creating safe environments for individuals ranging from confident to highly vulnerable participants. As a PhD student at the University of York, I had the wonderful opportunity to serve as a teaching assistant for MA students in Music Education and Community Music, which led to my contributions to a new teaching companion set to be published by Bloomsbury in late 2025. I have conducted extensive research and applied it practically. You can be assured that you are in experienced hands with me, and I am confident that being part of this group will enhance your teaching abilities, self-belief, and skills.

Prices for a group session are as follows (with a three monthly commitment):

- Three month block £120 (£40 per session)
- Six month block £210 (£35 per session)
- One year block £360 (£30 per session)

Upon enrollment, you will receive a complete contract. Please note that these fees are non-refundable, and you are committing to the specified dates.

Receipts will be issued for tax purposes, allowing you to claim this expense against your tax for Continuing Professional Development (CPD).

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*Any Questions?*

Please contact me using the form below, including your selected dates for the classes.

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